

# Conference Speaking & Spouse Programs

Hull & Associates is a full service Talent Management and Organizational Development, firm that also provides speakers and facilitators for conventions and retreats. The following are some "thought starters" of the highly interactive, upbeat, humorous and participatory programs that have attendees asking for more! Many of these programs can be done for both delegates and their spouses.

- Why they do what they do!
- Stress and/or Time Management
- Improving Relationships
- Dealing with Difficult People
- Building Trust and Confidence
- Is Anybody Listening?
- Communication and Feedback
- Working with Volunteers
- Dealing with Change
- Handling difficult conversations: How to tell people to go to H--- in a way they look forward to the trip! -
- How to be a chairman and still have friends
- Personality Profiles - DISC, Myers Briggs and others
- Your attitude is showing, make it a good one!
- Generation Gap - Building Bridges to Understanding
- Leadership Training - Where are they? I'm their leader!
- Effective Meetings - It is not an oxymoron!
- Developing a Winning Lifestyle
- Presentation Skills
- Engaging others
- Conflict Management and Problem Solving
- Conquering Procrastination
- Balancing Home, Family, Career and Voluntarism
- Time Management Strategies - Beat the Clock!
- Getting what you want- Setting goals and achieving them

