

Hull & Associates is a full service Human Resource Training and Consulting firm dedicated to helping individuals and teams communicate more effectively. Government and Nonprofit Organizations face unique challenges and the ability to work well with fellow employees, leadership, staff, committees, the Board, volunteers and the community is paramount. The following are some of the highly interactive, participatory programs and consultations that we have done to help Government and Nonprofit Organizations be more effective.



- **Board Retreats** - Focused to achieve realistic and attainable goals
 - **Strategic Planning and Goal Setting** – Facilitating a process to produce viable plans that work
 - **Team Building including Indoor/Outdoor Experiential Programs**
 - **Board Orientation**
 - **Board Roles and Responsibilities**
 - **Governance (Policy) vs. Operations**
 - **Volunteers**-Where to find them, How to engage and retain them
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- **Managing Change**
 - **How to be a Chairman and Still Have Friends**
 - **Personality Profiles** - DISC, Myers Briggs and others
 - **Generation Gap** - Building Bridges to Understanding
 - **Leadership Training** - Leadership vs. Management
 - **Effective Meetings** - Board, Committee, General, Annual
 - **Train the Trainer** - Facilitation Skills and Presentation Skills
 - **Delegation Skills** – How to get people to actually do what they say they will do
 - **Conflict Management and Problem Solving**
 - **Communication and Listening Skills**
 - **Balancing Home, Family, Career and Voluntarism**
 - **Time and Stress Management**
 - **Board, Volunteers and Staff** - Balancing the relationship

In addition we also do:

- **Committee/Staff/Volunteer/Board Consultations**
- **Meeting/Conference Facilitation**